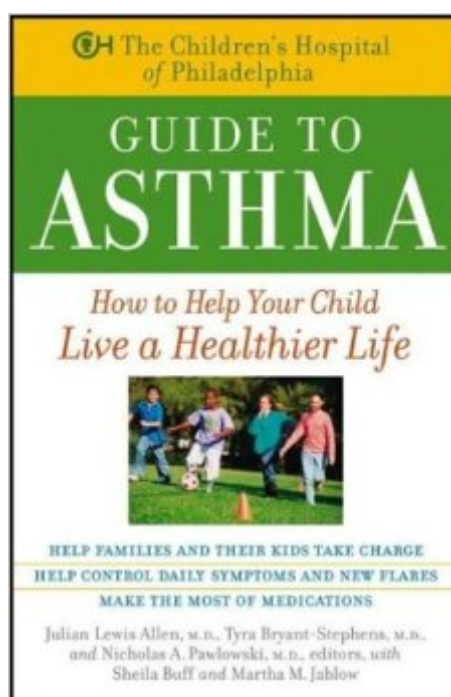


The book was found

# The Children's Hospital Of Philadelphia Guide To Asthma: How To Help Your Child Live A Healthier Life



## Synopsis

While asthma can't be cured, it can be treated and controlled so that your child can enjoy a healthier, more active life. In this important guide, the experts at the top-ranked children's hospital in the United States clearly explain what asthma is and how parents, caregivers, and young patients can manage it successfully. The Children's Hospital of Philadelphia Guide to Asthma features the most up-to-date information on the disease and the keys to optimal preventive treatment--controlling environmental conditions that trigger symptoms, making a proactive medical treatment plan, and consistently putting it into action at the first sign of trouble. You'll discover how asthma is diagnosed, what the common triggers are, how to select the best asthma medicines, and how to protect your child in and away from your home to help him or her live a fulfilling childhood that is as symptom-free as possible. This book:

- Reveals how to manage acute and emergency episodes of the disease
- Explains how to asthma-proof your home
- Addresses sports and exercise issues for children with asthma
- Discusses the special needs of toddlers and teens
- Features a series of vignettes about children with asthma
- Includes educational materials and resources, including community support

## Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #11,233,068 in Books (See Top 100 in Books) #73 in [Books > Health, Fitness & Dieting > Children's Health > Asthma](#) #230 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Asthma](#) #874 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Lung & Respiratory Diseases](#)

## Customer Reviews

I loved it. As a pediatric pulmonologist, I found this book very helpful for my discussions with families. Chapter 4, "Medicines: The Right Way" was particularly outstanding. I recommend this book to all my patients. Asthma is an incredibly common problem in children and there have not

been good resources to distribute or recommend. Thank you!

This book was very helpful in my understanding of childhood asthma. I know this is an increasing problem in the last few years, and this is a great resource. I especially liked the section on asthma myths - so many of those have been spread around causing misinformation and misunderstanding. I would highly recommend this to parents of children with asthma, and for healthcare professionals that care for these children. Bravo!

As a parent of a child with asthma, it can be very confusing to understand all the different medications my child takes, and the different tests that she has had. This book helps to make all that clear. I would strongly recommend it for any parents of children with asthma. I feel that I can trust the information from this reputable source.

I have an asthmatic in the family and I bought the book to learn more about it. Since I know the Children's Hospital of Philadelphia, one of the best for children, I thought this was the place to start. I found the introduction of the book as an ebook online, and as soon as I finished reading I bought the book. I have learned a lot. It has clear and thorough explanations about asthma and how the different medicines work. Also, incredibly useful and easy to follow advice to asthma-proof your home. I found this incredibly helpful. The book is very easy to read, too. I strongly recommend it to anyone who wants to learn more about asthma, not just for kids but also for adults.

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The Children's Hospital of Philadelphia Guide to Asthma: How to Help Your Child Live a Healthier Life  
Asthma: Treatment for beginners (2nd EDITION + BONUS CHAPTERS) - Diet, Cures and Natural Remedies to get rid of Asthma Naturally (Asthma Cure - Asthma Diet - Asthma Treatment - Asthma Tips Book 1)  
The Parent's Guide to Allergies and Asthma (Children's Hospital of Philadelphia Series)  
Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1)  
The Asthma and Allergy Action Plan for Kids: A Complete Program to Help Your Child Live a Full and Active Life  
All You Need to know about Managing Asthma: The Best Ever Natural Treatments to help you get your life Back! (Asthma, allergies, exercise)  
Drop 14 Pounds in 3 Weeks (2nd Edition): Lose Weight, Feel Great, and Live Healthy: Effective Tips to Burn Fat, Get Stronger, and Boost Energy (Live Lean, Live Healthy, Live Happy)  
The Everything Parent's Guide to Children with Asthma: Professional advice to help your child manage symptoms, be more active, and breathe

better Juice Up Your Life - Juicing Made Easy Guide And Tips, Live Healthy, Live Better, Live Longer! (Juicing Guide, Juicing Recipes) Asthma-Free Naturally: Everything You Need to Know to Take Control of Your Asthma - Featuring the Buteyko Breathing Method Suitable for Adults and Children Motivate Your Child: How to Release Your Child's Inner Drive and Help Them Succeed in Life: A Parents Guide to Raising Kids, Inspire them, Student Success ... Engaged) (Life Psychology Series Book 1) The Complete Kid's Allergy and Asthma Guide: Allergy and Asthma Information for Children of All Ages Natural Relief for Your Child's Asthma: A Guide to Controlling Symptoms & Reducing Your Child's Dependence on Drugs The Massachusetts General Hospital/McLean Hospital Residency Handbook of Psychiatry Clinical Anesthesia Procedures of the Massachusetts General Hospital: Department of Anesthesia, Critical Care and Pain Medicine, Massachusetts General ... of the Massachusetts General Hospital) Change Your Habits Change Your Life: Break Your Bad Habits, Break Your Addictions And Live A Better Life (Change Your Life, Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating) Cheating Father Time: 77 Anti-Aging Hacks to Stop the Clock and Live a Longer, Healthier and More Fulfilling Life: (Build the Habits to Age with Grace and Become Sharper & Stronger by the Year!) Organize Now! Think and Live Clutter Free: A Week-by-Week Action Plan for a Happier, Healthier Life The Whole Family Guide to Natural Asthma Relief: comph Drug Free solns for Treatment Prevention Asthma Allergies Practical guide for the diagnosis and management of asthma : based on the Expert Panel report 2 : guidelines for the diagnosis and management of asthma (SuDoc HE 20.3208:AS 8/8)

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